

Laurier Co-Rec Outdoor Soccer League

1. Games are 50 minutes in length, which includes two 25 minute halves and a 5 minute half time break in between.
2. Seven players per team are permitted on the field during game time.
 - a. There must be at minimum two player of each gender on the field at all times per team for the Co-Rec league.
 - b. Each team is required a minimum of five players in order to play.
3. Play begins at half after each goal.
4. Substitutions
 - a. Teams are allowed to substitute players when necessary
 - b. Goalkeepers at a stoppage of play.
5. Lines and Boundaries
 - a. The yellow lines are the boundaries. The ball has to be completely beyond the line in order for it to be considered "out".
 - b. Goalkeeper's crease and penalty area is "imaginary" starting from the corner of the full field 18-yard box and extending down to the goal line and across to the other side of the field, the same distance from the sideline. Since this box is imaginary, its regulation is at the mercy of the referee/RIC.
6. Penalty Shots
 - a. Any fouls by the defensive team in the penalty area will result in a penalty shot to be taken 10 yards from the goal line.
 - b. During a penalty shot, the goalkeeper must stand on the goal line and may not move forward until the ball is touched, although side-to-side movement is allowed.
 - c. All other players must stand behind the penalty area.
7. All free kicks are indirect with the exception of penalty shots.
 - a. Defending players can step in front of the ball to stop a "quick free kick".
 - b. The offensive player can then ask the ref to move the players 7 yards away from the ball. The offensive player must wait for the referees whistle to resume play.

c. A free kick may be awarded if a player on the field (not the goalie) touches the ball with their hands

8. Goalkeeper may handle the ball with his/her hands as long as the ball is within the goalkeeper's crease.

a. Goalkeepers may handle the ball outside of the crease and participate in play on the field, but if the ball is handled with his/her hands, a free kick will be awarded at the spot of the foul.

b. If the goalkeeper is out of the crease and the ball is prevented from going into the net by a teammate with an intentional handball, the referee may call it a goal at their discretion and the player can be ejected from the game

9. Cards and Ejection

a. The referee has the right to eject any player from play or off the court at their discretion (red card). If a player has been ejected from play, they may not participate in the rest of the match.

b. A yellow card can be awarded to a player for a rough tackle, dissent towards the referees, or any other disorderly conduct*.

c. A warning (yellow card) signifies a warning and two warnings (yellow cards) in one game will result in a red card. The accumulation of three yellow cards over the course of the season will result in the suspension of one game.

d. A red card results in ejection from the current game and suspension from the following week's game **.

e. Players may also be told to sit on the bench by the referee in order to cool down, and must wait for the referee to allow them to return to play.

10. A passback is defined as the goalkeeper handling the ball from an INTENTIONAL pass from their teammate using their feet. A pass may be made using any other body part other than the feet. In the case of a passback, an indirect free kick will be awarded from the location the goalkeeper handled the ball

11. During playoffs, in case of a draw (tie game) at the end of the match, a winner will be decided with each team taking 5 penalty shots. In the case of a tie after the 5 shooters, each team will take one shot at a time until one team scores and the other does not.

a. All players other than the goalkeepers must wait at half.

b. The goalkeeper may not move from his line until the shot is taken.

c. Every player on the roster present must take a shot before a shooter may take a second shot, including the goalkeeper.

d. In the co-rec league, the shooters must be ordered in alternating gender. i.e. Shooter 1 - Male, Shooter 2 - Female, Shooter 3 – Male, Shooter 4 – Female, etc.

12. Soccer cleats and shin pads are strongly recommended however they are not mandatory.

13. Players may only play on ONE team in the soccer intramural league per division. Only players on the roster are allowed to play.

14. The referee or RIC may perform one card checks at any time, especially during playoffs. To be eligible for playoffs, players must have played at least three regular season games.

15. A free kick will be awarded if players slide tackle another player. Referee may give a warning to the player or a yellow card and if it continues the Referee may decide to award the player a red card

a. Division A will allow slide tackling.

b. Division B and lower will follow the no slide tackle rule specified above.

16. Off sides

a. Division A will abide by regular play off side rules – A player is in an off side position if they are further forward than the last defender and not in their own half at the moment the ball is kicked. The penalty is a free kick awarded to the defending team at the place where the offside player was standing.

b. Division B will play with hybrid offside rules - Close off sides will not be called but “cherry picking” (an offensive player is standing way behind the defensive player) will be called.

c. Division C/D will play with no offside rules.

16. No varsity soccer players are allowed to play in any soccer intramural league.

***A player will be given a yellow card if he or she commits any of the following offences:**

- Unsporting behavior (including “diving” or faking getting fouled)
- Dissent by word or action
- Persistent infringement of the Laws of the Game
- Delaying the restart of play
- Using offensive, insulting or abusive language and/or gestures
- Failure to respect the required distance when play is restarted with a corner kick, free kick, or throw-in
- Entering or re-entering the field of play without the referee’s permission

****A player will be given a red card if he or she commits any of the following offences:**

- Serious foul play
- Violent conduct
- Spitting at an opponent or any other person
- Receiving a second yellow card in the same match

Eligibility Considerations

To be eligible to play, a player's name must appear upon the team's roster each game. It is each of the player's responsibility to verify his name on the game sheet and present the proper student ID if necessary. It is the captain's responsibility to verify that the game sheet is complete and correct prior to the beginning of the game. To be eligible for playoffs, a player must have played on the team in at least three regular season games that term.

Any eligibility violations will bring about immediate suspension, pending a Spirit of Competition Committee session.

Everyone wishing to participate in Intramural Sports must be a Campus Recreation member. For membership details see the Recreation Guide. Violators will be suspended from all intramural sports, pending a review by the Recreation Coordinator