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# WLU INTRAMURAL HOCKEY

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Disciplinary Rulebook

JANUARY 1, 2017  
LAURIER DEPARTMENT OF RECREATION

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# DEPARTMENT OF ATHLETICS AND RECREATION

## Fair Play Code

Everyone who uses our Fair Play Facility should:

- ...SHOW RESPECT FOR EVERYONE & THE FACILITY
- ...SHARE EQUIPMENT, SPACE AND FACILITIES WILLINGLY
- ...MAINTAIN SELF-CONTROL AT ALL TIMES
- ...CONDEMN VIOLENCE AND HARASSMENT IN ALL FORMS
- ...HAVE A POSITIVE EXPERIENCE AND IMPACT ON THE A.C.

**Players** - Players should compete to the best of their ability within the limits of the rules. All players will:

- ...Participate for the love and enjoyment of the game
- ...Respect the efforts and accomplishments of your opponents
- ...Respect their teammates and do their best to be a true team player
- ...Respect all players, coaches/captains, officials, spectators and administrators
- ...Respect and play by the rules of the game

**Spectators** - Spectators should maintain a supportive atmosphere that positively motivates players, coaches/captains, officials and other spectators. All Spectators will:

- ...Encourage players to play according to the rules
- ...Refrain from negative communication with players, officials, administrators and other spectators
- ...Show respect for their teams' opponents because without them there would be no game
- ...Never influence the outcome of an event or game and must never pose a distraction to players, coaches/captains and officials
- ...Remain in the spectators' section and refrain from entering the playing area at all times

**Officials** - Officials will make sure that every player has a reasonable opportunity to perform to the best of his or her ability, within the limits of the rules. All officials will:

- ...Apply rules of the game with consistency, courtesy, intelligence and firmness without provoking antagonism
- ...Maintain a healthy atmosphere and environment for safe competition
- ...Not tolerate unacceptable conduct towards themselves, other officials, players, coaches/captains and spectators
- ...Maintain impartiality at all times
- ...Avoid or terminate any situation that threatens the safety of the players, coaches/captains, spectators or other officials

**Coaches/Captains** - Coaches/Captains must act as a team leader. He or she must encourage, motivate and assist in developing players to achieve their maximum potential. All coaches/captains will:

- ...Teach players to play fairly and respect the rules, officials, spectators and players
- ...Work in cooperation with the officials for the benefit of the game
- ...Recognize and respect the differences in their players
- ...Not ridicule or degrade players for any reason
- ...Encourage and reward effort, fairplay, participation and commitment

**FAIRPLAY is for EVERYONE! Failure to abide by our CODE of FAIR PLAY will result in the review or removal of individuals and/or loss of privileges.**

## Section 1: General Overview

The Laurier Intramural Hockey league will abide by all the rules of hockey as outlined in the Hockey Canada Rule Book which can be found on the Hockey Canada website (<https://www.hockeycanada.ca/en-ca>). The league will operate under a two official system with a timekeeper.

The length of the game shall consist of two, twenty-two minute halves which can be shortened at the discretion of the Referee in Chief (RIC) if they deem fit.

Any and all disciplinary action resulting in forfeiture of bond money and/or suspensions shall be assessed by the RIC with the assistance of the referee. Following a review of the incident a disciplinary decision shall be made in accordance with the outlined disciplinary action that follows in the document.

Following the incident an email will be distributed to the team's captain and players involved, outlining the course of disciplinary action that will be enforced.

Laurier Athletics and Recreation hold the participants of their leagues to a standard that promotes equality and inclusivity. The rules outlined in this document clearly outline the disciplinary action that can occur due to several instances both verbal and physical. The rules are guidelines to follow in the case of an incident and any disciplinary action can deviate from the outline at the discretion of the Intramural Coordinator(s) or RIC.

## Section 2: Physical Infractions

### Fighting

(a) A Game Misconduct penalty shall be assessed to any player that fights with an opposing player.

(b) A player who is identified by the Referee or RIC as being the instigator or the aggressor in a fight shall be assessed additional disciplinary action according to the following disciplinary outline.

1. Fighting-One game suspension
2. Instigator- One game suspension
  - a. Instigator as a result of a major penalty can lead to subsequent disciplinary action as outlined in the major penalties section of the rule book
3. Aggressor-One game suspension
4. 3<sup>rd</sup> player in-One game suspension

### Major Penalties

A major penalty will result in the instance of a play deemed dangerous to player safety or is considered a play beyond that of a reasonable attempt to avoid injuring another player.

Major penalties can include any of the below circumstances or any situation deemed dangerous by the referee or RIC.

Any of the instances below can result in a minimum one game suspension and at the discretion of the referee up to three games depending on the severity of the incident.

Injuries to player's heads are considered major infractions and we are cognizant of the ramifications of injuries to player's heads. Major penalties that result in an injury to a player's head will be dealt with in a more severe manner and can result in an increased suspension at the discretion of the RIC.

1. Body Checking
2. Checking from behind
3. Slashing
4. Cross Checking
5. Hit to the Head
6. Throwing the stick
7. Boarding
8. Charging
9. Spearing
10. High Sticking
11. Kneeing
12. Physical Abuse of an Official

### Section 3: Verbal Infractions

The Department of Athletics and Recreation has a zero tolerance policy pertaining to the use of derogatory terms and non-inclusive language. The use of such language can lead to expulsion from the league and further disciplinary action.

The league does not condone the verbal abuse of any on ice official or RIC. If a player uses language that undermines the integrity of a referee that player shall receive disciplinary action.

The following infractions constitute a verbal infraction:

1. Derogatory Slur- Mandatory discipline meeting with the Intramural Coordinator(s)
2. Disputing the call of the official- Game Ejection
  - a. If there is persistent verbal abuse further disciplinary action can be enforced

### Section 4: Off-Ice Infractions

Off-Ice infractions shall be assessed by the RIC if any player commits a violation of league policies prior or post game they shall be dealt with through disciplinary action and a meeting shall be held with the Intramural Coordinator(s)

1. Consumption of Alcohol
2. Use of Illegal Substances
3. Refusing to leave the arena after an ejection
4. Leaving the changing rooms untidy
5. Fighting off of the ice surface

### Section 5: Appeals

If a player or captain wishes to appeal the disciplinary action they must do so within 48 hours of the disciplinary email being sent. The appeals process will follow the following steps.

1. Email of appeal by team captain

- a. Outlining the incident from their perspective and their justification on why the disciplinary action should be revoked.
2. After receiving the email the Intramural Coordinator(s) will review the report filed by the team captain and the incident report filed by the RIC.
3. The Intramural Coordinator(s) will determine the next course of action as follows:
  - a. Uphold the disciplinary action
  - b. Hold a disciplinary meeting to further the appeal process
4. If a disciplinary meeting is held that decision that is made is final and the Intramural Coordinator(s) reserve the right to either increase or decrease the severity of the suspension.
5. An email will be sent to the player and captain outlining the final course of disciplinary action